



**Al-Anon/Alateen Information Service of Washington DC & Suburban MD
(AIS-DCSMD)**

278 Carroll Street, NW – Washington, DC 20012 (202-635-2023)

email: info@al-anon-alateen-dcmd.org

www.al-anon-alateen-dcmd.org

AIS-DCSMD Officers and Chairpersons (2015)

Chair	Phyliss S. T.	(202) 723-8381	panel442004@yahoo.com
Alternate Chair	Martha B.	(301) 987-6639	abeach@pipeline.com
Secretary	Nancy F.	(301) 572-2823	nancyferrant@gmail.com
Alternate Secretary	Ruth C.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Treasurer	Jill B.	(301) 875-8511	brawnerville@earthlink.net
Alternate Treasurer	Allen B.	(301) 987-6639	abeach@pipeline.com
Service Center Coordinator	Vacant		
Alternate Service Ctr Coord	Peggy P-J	(202) 635-2023	info@al-anon-alateen-dcmd.org
Alateen Chair	Denise J.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Computer Chair	Charles L.	(301) 341-5809	charleslmdcd@gmail.com
Directory Chair	Zan K.	(301) 518-0714	krall7@aol.com
Fall Luncheon Chair	Patty S.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Literature Distrib Ctr Chair	Angie S.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Newsletter Chair	Flavia F.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Public Outreach Chair	Maureen M.	(301) 513-0255	outreach@al-anon-alateen-dcmd.org
Spring Workshop Chair	Rebecca D.	(301) 588-8328	reba4now@gmail.com

**AIS-DCSMD Officers and Chairpersons
(Incoming 2016)**

Chair	Phyliss S.T.	(202) 723-8381	panel442004@yahoo.com
Alternate Chair	Ruth C.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Secretary	Peggy H.	(301) 587-8338	peggyh42@aol.com
Alternate Secretary	Caitlin C.	(301) 221-9301	caitlinc11@verizon.net
Treasurer	Jill B.	(301) 875-8511	brawnerville@earthlink.net
Alternate Treasurer	Vicki J.	(301) 229-0120	vicki.johnson1@gmail.com
Service Center Coordinator	Allen B.	(301) 987-6639	abeach@pipeline.com
Alternate Service Ctr Coord	Rebecca D.	(301) 588-8328	reba4now@gmail.com (cont'd....)

Alateen Chair	Denise J.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Computer Chair	James B.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Directory Chair	Karen F.J.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Fall Luncheon Chair	Vacant		
Literature Distrib Ctr Chair	Henry S.	(202) 557-1524	henryj.singer@gmail.com
Newsletter Chair	Flavia F.	(202) 635-2023	info@al-anon-alateen-dcmd.org
Public Outreach Chair	Maureen M.	(301) 513-0255	outreach@al-anon-alateen-dcmd.org
Spring Workshop Chair	Saundra M.	(301) 495-2747	saundram@gmail.com

Calendar

December 3	7:00 pm	AIS-DCSMD Meeting*
December 10	7:00 pm	AIS-DCSMD Inventory Part 2*
January 14	7:00 pm	Steering Committee Meeting*
January 21	7:00 pm	AIS-DCSMD Meeting*
January 9-10		NBC4 Health & Fitness Expo, Washington Convention Center
January 9 (snow date Jan 16)		2015/2016 Al-Anon Fall Convention Wrap Up – Kick Off Meeting
January 23-24		16 th Annual Al-Anon Spirituality Weekend Lathrop E. Smith Center, Rockville, MD

(Note: Please see fliers or call AIS for detailed information)

*Cancellation Policy

Meetings are postponed if public schools are closed in DC, Montgomery County, or Prince George's County, and re-scheduled for the same day of the following week.

A Letter from our Chair

December, 2015

Dear Al-Anon Alateen AIS-DCSMD Members,

We are about to end 2015 and I thought it prudent to provide you with a review and an update for the 2015 Calendar Year. It is as follows:

A report was submitted to the secretary of the Fall Assembly highlighting the following events:

- The AIS-DCSMD officially upgraded our 501c (3) Status.
- Each officer's position is filled except the Service Center Coordinator
- At the April, 2015 meeting Alternate Group Representatives voted to have a Group Inventory. The group provided the Chairperson with 3 names to act as facilitators and Joanie N. was selected.
- The AIS-DCSMD Inventory was conducted on June 25, 2015 with Joanie N. as our facilitator.
- During the summer break Patty S. volunteered to become our Fall Luncheon Chairperson.
- At the September 24, 2015 AIS-DCSMD meeting, it was voted on to have Joanie N. return to the AIS-DCSMD and complete our Inventory.
- The Steering Committee met on October 15, 2015 to set the Agenda for the remainder of 2015.
- October 22, 2015 AIS-DCSMD will have its regular meeting and we hope all Alternate Group Representatives present today will attend the meeting which starts at 7:00 pm.
- October 31, 2015 is our Fall Luncheon which will be held at the Holiday Inn in Gaithersburg, Maryland. Please purchase your tickets today if you have not already done so.
- Future meetings for the AIS-DCSMD are as follows:
 - October 22, 2015 – Alternate Group Representatives
 - November 19, 2015 – Steering Committee
 - December 3, 2015 – Alternate Group Representatives

I would like to offer my sincere thanks to those who have given time in Service to our Program. We did have a lovely Spring Workshop which was chaired by Rebecca D. and her committee.

Our Public Outreach Chairperson, Maureen M. has done an outstanding job of getting the word out to the membership. Maureen has generated support from 90 volunteers while additionally seeing that each meeting receives Public Outreach material.

Our Fall Luncheon Chairperson Patty S. and her committee provided us with another spiritual program that was enjoyed by all who attended the luncheon. She selected outstanding speakers who touched us as they shared their stories.

I must say thank you to the members of the Steering Committee for the work they have done keeping my feet to the fire while providing the program with support. Each person kept our program's Steps, Traditions and Concepts first using them as our spiritual guidelines.

We did complete our 4th Step Inventory on Thursday, December 10, 2015 with a mandate to provide the membership with input on where you would like to see the direction of the AIS-DCSMD in 2016.

Additionally, I am grateful to the Nominating Committee which provided Officers and Committee Chairperson for the coming year. The Chair of the Nominating Committee provided us with a full list of persons for each office.

I cannot do a good job without your support. So please contact the AIS-DCSMD office at 202-635-2023 or info@al-anon-alateen-dcmd.org if you have any questions or would like to work on a particular program or committee. This is a we program and we need your input.

Phyliss S.T.
AIS-DCSMD Chairperson

AIS Fall Luncheon

I am Patty S. a very grateful member of Al-Anon. I was chair for the 2015 WMAAAIS/AIS Fall Luncheon that was held on October 31st at the Holiday Inn in Gaithersburg, MD. The theme for this year's luncheon was: "Fall into Recovery – Al-Anon is There to Catch You".

There were 145 attendees and 103 filled out an evaluation. According to the comments everyone enjoyed the luncheon. The food was good and the fellowship was awesome. We had two wonderful speakers John H. for Al-Anon and Bob J. for AA. Unfortunately we were not able to obtain an Alateen speaker.

Being chair for this year's luncheon was a wonderful experience. I thank WMAAAIS for giving me the opportunity for service. It's a lot of work to put together such a wonderful event, but participation is the key to harmony. I always grow in my program when I participate in service. It shows how the program works when you work on a committee with so many different personalities and everyone pulls together and works as one. I would like again to thank this year's committee.

SUGGESTED GROUP CONTRIBUTIONS TO AL-ANON
(after expenses and a prudent reserve)

**70% to Al-Anon/Alateen information Service of Washington,DC &
Suburban MD**

checks payable to: AIS-DCSMD

278 Carroll Street, NW

Washington, DC 20012

20% to Area 24

checks payable to: AFG of MD/DC, Inc.

P.O. Box 878

Olney, MD 20830

10% Al-Anon World Service

checks payable to: AFG, Inc.

1600 Corporate Landing Parkway

Virginia Beach, VA 23454

AIS-DCSMD Public Outreach Opportunity

The Al-Anon Volunteer Outreach Coordinator requests members to volunteer to staff an AIS-DCSMD Public Outreach effort at the annual NBC4 Health and Fitness Expo on January 9-10, 2016 at the Washington Convention Center. Volunteers are needed for 2-hour shifts Saturday and Sunday. If able to serve, please call Maureen M. at (301) 513-0255 or email: Outreach@al-anon-alateen-dcmd.org

GROUP CONTRIBUTION LISTS

Note: At this time, there are two lists maintained for group contributions -- checks/money orders made payable to WMAAAIS and checks/money orders made payable to AIS-DCSMD. Please review both lists for your group's contributions.

