



Al-Anon/Alateen Matters

Washington Metropolitan Area Al-Anon/Alateen Information Service Newsletter

WMAAAIS, c/o McKendree-Simms-Brookland UMC, Bishop Education Bldg, 2421 Lawrence Street NE, Washington DC 20018 ▪ (202) 882-1334 ▪ www.al-anon-alateen-dcmd.org ▪ info@al-anon-alateen-dcmd.org

2005 Calendar

WMAAAIS meetings begin at 8:00pm
Steering Committee Meetings begin at 7:00pm

- Sept 10 Fall Area World Service Comm. Mtng.
- Sept 12 WMAAAIS Steering Comm. Mtng.
- Sept 22 WMAAAIS Meeting
- Sept 23 WMAAAIS Newsletter Deadline
- Oct 3 WMAAAIS Steering Comm. Mtng.
- Oct 22 Fall Area Assembly
- Oct 27 WMAAAIS Meeting
- Nov 5 WMAAAIS Fall Luncheon
- Nov 7 WMAAAIS Steering Comm. Mtng.
- Nov 11-13 Fall Convention @ Rocky Gap
- Nov 19 Area Transition Assembly
- Dec 1 WMAAAIS Meeting

Snow Dates for WMAAAIS Meetings: If any local school system (DC, Montgomery County, or Prince George's County) is closed, the WMAAAIS meeting is postponed from the scheduled date to the following Thursday. Officers and committee chairpersons will be contacted if Steering Committee meetings are postponed.

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We Have A New Website!

No longer is our web address www.wmaais.org, NOW WE ARE: www.al-anon-alateen-dcmd.org. The new site has:

- Easier navigation
- Standardized page formats
- More information
- Email addresses for the office/Service Center, and for the treasurer, webmaster/computer, directory, and newsletter chairs
- AND SOON we will have the literature online.

Yes, soon you will be able to place your literature orders online — though you cannot at this time use credit cards and we cannot ship orders.

Let your Alternate Group Rep know what you'd like to have on your website, bring the information to the next WMAAAIS meeting, and maybe we can work it out.

This is your website. The website, like the Fifth Tradition, has but one purpose: to help families of alcoholics. The website is out there to help you bring the Al-Anon/Alateen message of hope to others. We will be happy to hear from you about ways that the website can help more.

Charles, Computer Chair

** Editor's Note: If you go to the old website, you will see a link to the new website.*

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This is your group's confidential newsletter. Please share it at the next meeting. Take it home and read it — then return it. You can also access it on our website under Local Info

2005 Officers, Chairs and Staff

Officers

Chairperson	Mike H
Alt. Chairperson	Barbara A
Secretary	Marva C
Alt. Scrtry	Brenda R
Treasurer	Margaret T
Alt. Treasurer	Vacant*
Service Center Coord.	Becky K
Alt. Service Ctr. Coord.	Lynne K

Committee Chairpersons

Alateen	Vacant*
Computer/Webmaster	Charles H
CPC/Public Info.	Vacant*
Directory	Jane M
Fall Luncheon	Melissa H
MD Institutions	Anne Marie M
DC Institutions	Peggy H
Literature	Martha B
Newsletter	Lyn B
ServiceCtr.Volunteers	Vera M
Spring Workshop	Rose N

Service Center Clerk: Wanda 202-882-1334

*Please volunteer to help out with these vacancies. The experience is invaluable. If you want information about any of these open positions, please give us a call; we're here to help you help us.

WMAAAIS Email Addresses

- Service Center/Office: info@al-anon-alateen-dcmd.org
- Treasurer: treasurer@al-anon-alateen-dcmd.org
- Webmaster: webmaster@al-anon-alateen-dcmd.org
- Directory: directory@al-anon-alateen-dcmd.org
- Literature: literature@al-anon-alateen-dcmd.org
- Newsletter: newsletter@al-anon-alateen-dcmd.org

Donations and Where To Send Them

Tradition Seven provides that every group should be fully self-supporting, declining outside contributions. After paying group expenses such as rent, literature, and district expenses, it is suggested that excess funds be contributed as follows:

70% to WMAAAIS; c/o McKendree-Simms-Brookland UMC; Bishop Education Building; 2421 Lawrence Street NE; Washington DC 20018

20% to AFG MC/DC (Our Area 24 Assembly); P.O. Box 447; Lothian MD 20711

10% to AFG Headquarters, Inc. (World Service); 1600 Corporate Landing Parkway; Virginia Beach VA 23454-5617

Please remember to include your WSO ID number and your group name on your check or money order. If you're not sure what the number is, check the Directory — it's listed there.

From the Chair

Dear Al-Anon Members,

- Do you have difficulty making decisions?
- Do you sometimes doubt yourself?
- Do you feel you have not been in Al-Anon long enough?
- Or do you feel you should have more recovery for how long you have been in Al-Anon?
- Do you do the step one, two, three cha cha?
- Or do you find yourself going backwards in the steps at times?
- Are there days when you lack confidence?
- Or are there days when you can't seem to do anything right?
- Do you sometimes lose important papers or have difficulty following through on important details?
- Do you sometimes isolate from your Al-Anon friends?
- Are there days when everything is a fog and you feel lost?

Do I have the perfect Al-Anon pill for you? Just step right up, be of service and watch yourself grow!

Groups are now in the process of selecting new Group Representatives (GRs) and Alternate Group Representatives (AGRs). The new GRs and AGRs will take office on August 1, 2005. If your group is still looking for volunteers, have a conversation with your HP and see if this growth opportunity should be yours!

Recently WMAAAIS sent copies of the GR and AGR Guidelines to AGRs in the WMAAAIS area. In addition we sent registration forms so your meeting can register your new representatives. We look forward to seeing you and meeting the new Alternate Group Reps at our next WMAAAIS meeting on September 22nd at the Service Center (The address is on the front of this newsletter.) See you there!

Also if you know of anyone starting a new Alateen Meeting or in need of registering an Alateen meeting, the Alateen Safety Guidelines and Alateen Registration forms packet is available at Service Center. If you call Wanda (202-882-1334) she can mail it to you.

Yours in Service,
Mike H., WMAAAIS Chair

New Group Reps and Alternate Group Reps Needed by August 1st

Has your group selected a new Group Representative (GR) and new Alternate Group Representative (AGR)? The new officers assume their duties on August 1 and serve three-year terms. See the articles on page 3 of this newsletter and the qualifications and duties in the Service Manual for information about these positions.

Once selected, new GRs and AGRs should be sure to use the Al-Anon Registration/Group Records Form (GR1) available on our website to update group information.

What's It Like To Be a Group Rep?

I had been in Al-Anon a long time before I finally volunteered to be a group representative. I didn't have time for that. After all — didn't I have a job, a family, and a home to take care of! And what did I care about Districts and Areas. I wanted Al-Anon meetings, not business meetings!

But Higher Power must have been at work because I finally decided to try it. It's hard to imagine now why I thought being group rep was such a huge commitment. It's really quite simple. WSO sends mail to you so you can take it to your group and pass it around, and you go to the Spring and Fall Area Assembly and represent your group there. In some Districts, group reps are asked to attend District meetings. I was only able to attend a few District meetings each year, and missed a couple of Area Assemblies as well, but everyone was very understanding. Easy does it was the feeling I got.

And it was wonderful to finally feel that I understood the structure of our world wide fellowship. It starts with the group. The group is part of a District and each District is part of an Area. Each Area sends a delegate to World Service. Areas are organized generally in the US along state lines but DC is combined with MD.

Area Assemblies are held on a Saturday and end about 3:00pm. I especially enjoyed car pooling to various spots in Maryland with a bunch of other group reps. Even if I did not need to ride with others, it was so much fun that I always hooked up with others to share the ride there and back. The Assemblies were instructive — I got to see how Al-Anon works above the group level, and how other localities do things.

Most importantly, I got to see how others worked their program beyond the group level. I could feel the strength of the commitment of these other members to the spiritual approach that Al-Anon has shown me. Truly, they practiced these principles in all their affairs — even at business meetings! Their example strengthened my commitment to the Al-Anon way.

So when your group asks for volunteers to serve as group representative, think about volunteering for one. It's easy and fun.

Try it — you might like it!

Lyn B., Outgoing Group Rep

Al-Anon/Alateen Matters About The WMAAAIS Newsletter

The WMAAAIS newsletter is issued quarterly. We welcome articles sharing your experience, strength and hope in Al-Anon/Alateen; announcements or articles on Al-Anon/Alateen events; and District, Area, and Group news. Please include a phone number and/or e-mail address in case we have questions. You may mail submissions to WMAAAIS, or email them to newsletter@al-anon-alateen-dcmd.org.

The newsletter is mailed to all alternate group representatives in the WMAAAIS area (Washington DC, Montgomery County, and Prince George's County). If there is no alternate group representative, it is sent to the group representative or the current mailing contact. If your home group is not receiving its copy, please contact the Service Center. The newsletter is also available at our website, www.al-anon-alateen-dcmd.org, under Local Info.

Alternate Group Rep — My Experience

When I first joined Al-Anon, I heard members share about service work and its impact on their recovery. I came across the booklet *When I Got Busy, I Got Better* and was immediately drawn to it. After all, I definitely wanted to get better. I helped at a workshop and came into contact with people who were strong in their Al-Anon program and encouraged me to do more service. A few months into my recovery, a meeting I regularly attend needed an Alternate Group Rep (AGR), so I made a spur-of-the-moment decision and volunteered. It seemed like the right thing to do and, looking back, I know my Higher Power was providing an opportunity for me to get better by becoming more active within my group and the local service center.

Being an AGR significantly impacted my recovery and gave me more than I ever expected. I was comfortable with the commitment, which involved attending eight evening business meetings per year at the Washington Metropolitan Area Al-Anon/Alateen Information Service (WMAAAIS) center and reporting back to my group about what was discussed. If I wanted to take on more responsibility, such as working on a committee or project, I did. Otherwise, I just had to show up, listen, represent my group in discussions, and share information from WMAAAIS meetings with the group I represented. I was able to practice the slogan *Progress Not Perfection* when I had to miss a meeting here or there during my term. No one criticized me; instead, people always thanked me for my service.

WMAAAIS business meetings were like program meetings for me because we started with the *Serenity Prayer*, the *Step and Tradition* of the month, and a passage from a daily reader. We also closed with the *Declaration and Serenity Prayer*. I benefited from being around others who were actively engaged in service and recovery, many of whom I did not see in my regular meetings, so my network of program friends expanded. I saw the Traditions at work and could practice them in a safe place. If only business meetings at work could be based on the Traditions too! Driving home, I often reflected on the serenity and renewed connection with my Higher Power I felt after WMAAAIS meetings.

I learned about the structure of Al-Anon and was amazed the program could function so well with mostly volunteers. I heard about WMAAAIS outreach to Alateens, professionals, institutions such as treatment programs and jails, and was glad Al-Anon could reach people who need it. I liked hearing about upcoming workshops and conferences as dates were set and flyers printed. I was grateful to update members of my group about Al-Anon activities, events and news.

As I reflect on my term of service and what it meant to me, I cannot help but wish more members would take AGR positions and represent their groups at WMAAAIS meetings. Each group is autonomous, but it takes all groups working together to make Al-Anon strong in the D.C. metro area for families and friends of alcoholics. I've grown through this service position and hope sharing my AGR experiences might encourage others to accept an AGR position in a group they regularly attend.

Thanks for the opportunity to serve

Megan G.

WMAAAIS NEEDS YOU!

WMAAAIS, the Washington Metropolitan Area Al-Anon/Alateen Area Information Service is looking to fill two positions.

CPC/PI – Our Public Information Officer. Al-Anon is attracting when it tells people why we are, what we are, what we do and how; we let them know we are available if and when help is needed. We state the facts which are communicated via press, radio, TV and films, always stressing anonymity at the public level. Al-Anon is cooperating when we work with others. Examples are federal, state, and municipal alcoholism agencies; private health agencies; law enforcement, judicial, and correctional agencies and institutions; general hospitals, state, county or city mental hospitals, councils of churches, doctors, nurses, clergymen, social workers, and educators.

If you think you might enjoy spreading the word of Al-Anon come to our next WMAAAIS meeting on September 22nd or contact Wanda at the Service Center (202) 882-1334. If you would like a small taste of the job before committing please consider being our CPC/PI officer for the last few months of this year before we have new elections. Hope to see you at our next WMAAAIS Meeting.

Alateen Coordinator. We need someone to help the interested Al-Anon members who want to start new Alateen Meetings, to coordinate Sponsor Raps for the Alateen Sponsors occasionally, to work with Mike H. from the Eastern Shore to make sure the current Alateen Meetings in our area are properly registered, and to aid people who are looking for a current Alateen meeting. If you think you would enjoy supporting teens and their sponsors and do not have the time to be a full time Alateen Sponsor, please consider being our Alateen Coordinator. The current position has 6 months left before our new elections. If you think you might enjoy being an Alateen Coordinator come to our next WMAAAIS meeting on September 22nd or contact Wanda at our Service Center (202) 882-1334.

Mike H., WMAAAIS Chair

12-Stepping into Spring Report on the Spring Workshop

The annual WMAAAIS Spring Workshop was held on Saturday, May 21, from 9am to 3pm at the University Baptist Church in College Park.

The word “fun” is not usually associated with “working” the steps of Al-Anon, but the evaluations suggest that it was really a fun day of fellowship while attending workshops and eating good desserts.

A special thanks to Christine P., the Al-Anon speaker, and to Keith and Katie for Alateen. All three speakers got “rave reviews” in the comments.

There were 67 in attendance for this Spring event. Hope to see many more of you when Spring rolls around again.

Rose N., Spring Workshop Chair

Service With a Smile Report From the Service Center

From January 2005 through June 2005, WMAAAIS has received the following number of inquiries requesting Al-Anon/Alateen information. A significant number of people continue to obtain information by accessing our web site at al-anon-alateen-dcmd.org.

- Incoming calls answered by the Service Center answering service and responded to by Service Center staff — 400
- Calls answered by home caller volunteers — 20
- Incoming emails responded to by Service Center staff (March through June 2005) — 61
- Directories mailed out by Service Center — 130
(An additional 100 were provided to the NBC\$ Health Fair)
- Hits on the WMAAAIS web site — 7758

There are still opportunities for service work at the WMAAAIS Service Center. If you are interested in volunteering at the Service Center leave a message for Vera M. at the Service Center. If you are interested in volunteering to receive calls at home leave a message for Lynne K. at the Service Center.

Respectfully,
Becky K., Service Center Coordinator

HOME CALL RECEIVERS NEEDED

Volunteers are needed to receive calls at their homes when the Service Center is closed and a caller wishes to speak to someone about Al-Anon/Alateen or to find the location of a meeting. Your name and telephone number would be recorded on the tape at the Service Center so that the caller can reach you. Volunteers serve for one week at a time and are usually only asked to serve for a few weeks in a year. Home Call Receivers make themselves available to receive calls from Sunday to Sunday, 10 am to 10 pm. On the following Monday, they report the number of calls received to the Service Center.

Anyone interested in becoming a Home Call Receiver may contact the Service Center for further information. Phone: (202) 882-1334. Email: info@al-anon-alateen-dcmd.org

Lynne K.
Alternate Service Center Coordinator

SAVE THE DATE

The 38th Annual Fall Luncheon will be held on November 5, 2005 from 11am to 3:30pm at the historic Washington Navy Yard's Catering and Conference Center Bldg 211.

In addition to a delicious lunch, there will be Al-Anon, Alateen, and AA speakers, and 50-25-25 drawings. Ticket sales will begin in July. If you have questions leave a message for Melissa H. at the Service Center.

**Washington Metropolitan Area Al-Anon & Alateen Information Service
Budget Report as of 6/23/05**

INFLOWS	CY2002	CY2003	CY2004	Budget 05	CY2005
50-50 Drawing	45.00	39.50	54.50	50.00	21.00
Bank Interest	419.73	255.48	170.70	250.00	71.99
Contributions	17,190.59	17,475.75	19,464.78	18,000.00	8,034.81
Alateen Contributions*	170.27	183.80	164.00	00	00
Directories	1,248.66	300.26	394.29	400.00	123.61
Fall Luncheon	4,275.00	6,260.00	5,411.00	5,000.00	00
Literature Depot	7,351.00	4,621.28	7,297.53	6,150.00	3,104.69
Miscellaneous	46.00	0.00	0.00	00	00
Spring Workshop	nd	0.00	28.00	30.00	189.51
TOTAL IN	30,746.25	29,136.07	32,984.80	29,880.00	11,545.61
OUTFLOWS					
AFG - Contributions to	500.00	515.00	500.00	500.00	00
Alateen Expenditures	0.00	0.00	0.00	00	00
Bank Charges	8.00	4.50	0.00	00	00
Contingency Fund	0.00	0.00	0.00	00	00
Directory - Printing	1,744.26	300.00	0.00	00	00
Expenses - Secretary	0.00	0.00	0.00	20.00	00
Expenses - Treasurer	0.00	0.00	0.00	20.00	00
Fall Luncheon	4,026.99	4,642.64	4,035.17	5,000.00	500.00
Institutions	311.25	426.06	488.50	475.00	00
Literature Depot	5,533.44	3,467.82	6,424.70	5,000.00	2,157.78
Miscellaneous	0.00	0.00	133.69	50.00	00
Newsletter - Printing	380.42	224.32	76.00	00	00
Public Info	206.68	331.66	467.20	500.00	25.00
Spring Workshop	0.00	239.00	230.28	250.00	90.61
Copier Maintenance	0.00	215.00	578.17	480.00	307.78
Email Account	0.00	0.00	69.65	00	00
Liability Insurance	434.00	432.00	448.00	450.00	500.00
Moving Expenses	821.36	0.00	0.00	750.00	00
New Office Equipment	0.00	0.00	1,200.13	500.00	00
Office Supplies	690.89	686.04	1,000.58	920.00	102.31
Payroll	8,343.46	8,949.89	9,090.02	9,000.00	4,112.44
Petty Cash	48.01	130.10	0.00	00	00
Phone	934.46	1,098.34	1,083.38	1,125.00	539.92
Postage	808.30	839.70	1,105.55	900.00	57.04
Rent	3,000.00	3,600.00	3,600.00	3,600.00	1,500.00
Web Service/email	401.10	359.97	308.98	340.00	294.04
TOTAL OUT	28,192.62	26,462.04	30,840.00	29,880.00	10,186.92
Receipts less Expenses	2,553.63	2,674.03	2,144.80	0.00	1,358.69

*Unspent group contributions designated for Alateen totaled \$611.63 as of 12/31/03.

Prudent Reserve & Operating Funds

Chevy Chase Checking	12,412.79	4/6/05
1 year CD	8,000.00	4/6/05
2 year CD	8,000.00	4/6/05
3 year CD	8,000.00	4/6/05
Total	36,412.79	

6th Step

Were entirely ready to have God remove all these defects of character.

6th Tradition

Our Al-Anon Family Group ought never endorse, finance or lend our name to any outside enterprise, lest problems of money, property and prestige divert us from our primary spiritual aim. Although a separate entity, we should always cooperate with Alcoholics Anonymous.

Group Contributions for 2005 as of 6/17/05

Montgomery Co	Grp #	
AFG at Suburban Hsptl II	48813	0.00
Al-Anon Adlt Ch at NIH	39204	0.00
Al-Anon Adult Children	47095	0.00
Aspen Hill Al-Anon	5780	0.00
Bethesda Al-Anon	5850	0.00
Burtonsville Step	38350	0.00
Colesville Al-Anon	6029	0.00
Courage to Change Al-Ann	62653	40.00
CourageToChangeODAT AFG	63518	488.42
Friday AFG	53133	150.00
Friday Noon AdtCh Lit	65794	87.50
Friends of Lois Al-Anon	51831	0.00
Full Attention Al-Anon	42322	70.00
Gaithersburg Al-Anon	5924	60.00
Garrett Pk Wmn'sGrpAl-Ann	28567	415.00
GermantownLnchtmAFG	45964	120.00
Glenmont Al-Anon	6030	0.00
HowAl-Anon Works StyGrp	61600	0.00
Hope for Today AlAn AdtCh	66994	186.92
In All Our Affairs AFG	62169	35.00
Kensington Al-AnnAdChStpSt	33151	50.00
LaytonsvilleTuesMrnngAFG	60122	114.23
Monday AFG	53132	0.00
Montgomery Hills Al-Ann	6032	200.00
Neelsville Al-Anon	5927	0.00
New Beginnings Al-Ann	60333	37.00
Northwood Noon Al-Ann	26272	420.00
Olney Sunday NightAl-Ann	5980	110.00
Potomac Stag Al-Ann	5857	60.60
Riderwood	????	48.00
Rockville Al-Ann	6005	0.00
Rockville Al-Anon St Sty	41392	0.00
Rockville East Al-Ann	6008	0.00
Saturday Nite Alive AFG	43468	0.00
Serenity Step Al-Ann	42081	129.44
Seven Locks Al-Anon	29637	0.00
Seventh Heaven Al-Ann	6009	79.10
Silver Spring ODAT Al-Ann	501422	305.00
Silver SpringThursAftmrnAl-Anon	6035	0.00
Spencerville Serenity	65423	50.00
Steps to Serenity Al-Ann	52341	84.86
Suburban Parents AFG	48369	0.00
Sunday AFG	53483	65.00
The NIH Monday Nn Al-Ann	60657	0.00
The Surrender AFG	66431	0.00
Wed.AFG,Stps,Trdtns&Cncpts	6011	238.57
WestmorelandCrclAl-AnnAdCh	33832	0.00
Wheaton Al-Anon	6063	0.00
White OakAl-AnBeginnersGp	46104	150.00
White Oak Al-Ann	6036	0.00
Women's Al-AnnAdltCh	42697	0.00
Women's Al-Anon	5856	0.00
Total Montgomery Co. Contri.		3,794.64

Total Alateen Contributions 0.00

Other Contributions
District 18 10.00

Total Contibutions	
D.C. Contributions	3,666.59
Montgomery Co. Contributions	3,794.64
P.G. County Contributions	391.15
Other Contributions	10.00
Individual Contributions	172.43
Contributions to Alateen	0.00
Total Contributions for 2005	8,034.81

D.C.	Grp #	
AFG at St.John's	2443	0.00
Al-Anon Near DOT and HUD	62706	0.00
BrightwoodStpStdyAl-AnGrp	2415	267.00
Capitol Hill AFG	2416	0.00
Capitol HillAl-AnnAdltCh	36535	0.00
Care Givers Al-AnnFmlyGrp	2440	49.00
Chevy Chase Al-Anon	2417	116.00
Conscious Contact AFG	54161	0.00
Crg to Chng Al-AnnFmlyGrp	36916	223.17
Desperados Al-Anon	38308	126.00
ErlyFridly Al-AnnAdltCh	23954	0.00
Foggy Bottom Al-Anon	42766	0.00
Fourth Step StudyAl-Ann	40274	154.80
Friendly Al-Anon	2424	90.00
Frnds of Lois Al-AnnFmGrp	29743	86.67
Gay Ruins Al-Anon	2421	0.00
Georgetown Step Meeting	30864	0.00
Interior Gypsies	2431	0.00
Just for Monday Adult Children	66425	130.00
Lafayette Sq Al-Ann	2429	69.35
Let It Bgn With Me Al-Ann	2433	154.74
Mideast Al-Anon	2430	70.00
Monumental Al-Anon	2432	215.00
New Life Al-Anon	2435	0.00
New Perspective Al-Ann	2438	210.00
Noon Day Al-Anon	2422	565.00
North Dupont Crcl Al-Ann	48540	0.00
Palisades Al-Anon	42848	0.00
Pathfinders AFG	39718	66.96
Pitstop Al-Anon	2436	0.00
SaturdayNiteGritudeAl-Ann	2437	245.00
Serenity AFG	65736	42.00
Service for Fun	67295	110.60
Smithsonian Al-Anon	32297	0.00
Tuesday Night AFG	63855	300.00
TwelveStpStdyGrp Al-Ann(CI'sd)	40531	7.00
Washington Crcl Al-Ann	45746	0.00
Wed Evening Al-Anon	500480	0.00
WedNightGay&LesbianBeginners	65532	268.10
Westside Al-Anon	66938	100.20
Total D.C. Contributions		3,666.59

Prince Georges Co.		
AFG Bethel	6053	0.00
Belair-Bowie Al-Ann	5859	50.00
Beltsville Al-Anon	5849	0.00
Bowie Mon.Morning Al-Ann	5862	161.15
Clinton Daytime Al-Ann	5884	30.00
CollegePrk Al-Ann Dscsn(?)	6051	0.00
CollegePrk Beg&StepStdyGrp	6052	0.00
CollegePrkCampusLunchAFG	67357	0.00
Freedom Al-Anon	5770	0.00
Greenbelt Fri.Nght Al-Ann	31413	0.00
Homecoming Adlt Chn AFG	46224	0.00
Hyattsville Lunch Al-Ann	41614	0.00
Laurel Fri. Nite Al-Ann	61462	0.00
Old Town Bowie Al-Anon	5863	30.00
Prospect Al-Anon	5918	0.00
Seabrook Al-Anon	63353	0.00
Southern Serenity AFG	46897	110.00
Sun Afternoon Laurel	500932	10.00
Total P.G. Co. Contributions		391.15

Individual Contributions
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Total Individual Contributions 172.43